



SEPTEMBER 18, 2020, ISSUE 03

# UNIT TROY NEWSLETTER



picture from last year's 9/11 Assembly

## QUESTIONS?

### CONTACT:

NSI's:

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## Recap

Hello Unit Troy! Once again, it has been an eventful past two weeks. To start, last week our second Booster Club meeting of the school year was held to discuss topics such as reimbursement from the Navy for several events, fundraising videos, and our newsletter. Then, last Friday, each NS class got to hear from their respective NSI about their memory of September 11, 2001. Normally, this would be a Uniform Day and the entire unit would gather in the quad (as pictured above) for a short assembly in honor of this tragic day. While we were unable to have the assembly, we paid homage to those who lost their lives all the same. Read the next segment to learn about how we also addressed Suicide Prevention

Top 3:

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Interventions:

Interventions Officer:  
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Week!

## Suicide Prevention

Last Tuesday, in honor of Suicide Prevention Week, each platoon had class with all hands to discuss suicide prevention. Our Interventions Officer, c/LT Sehar Lohawala, as well as c/CO Karishma Seth and c/MCPO Joseph Oh, created an outstanding presentation to inform the unit of several ways to help yourself and others with suicidal feelings. The presentation is accessible [here](#) but may also be found on the website under “Cadet Resources.” As previously mentioned, this year the NSI’s appointed an Interventions Officer to work closely with our cadets.

c/LT Lohawala: “As Interventions Officer, I counsel cadets who are suffering from the stresses that come with the NJROTC program and Troy High School’s rigorous academic environment; who are vulnerable to self-harm during a crisis; and who are subject to disciplinary action.”

Cadets, if you or someone you know feel suicidal to any extent, do not hesitate to seek help from our Interventions Officer or another trusted contact. Your health is our top priority. Thank you.

## From the NSI's

Hear from our Naval Science Instructors!

CDR Lauper:

Always flexible. Our school year continues to move along and changes appear to be imminent. The hybrid schooling option may be implemented in the near future if numbers continue to stabilize. Nearly 2/3rds of our Cadets have initially been placed in Cohort C, always online. Some teams are practicing



with COVID limitations. There is hope that many of our national competitions will take place in the spring. We have reduced the standard donation this year to only \$100.00, but I really need every Cadet/family to donate. If everyone donates, we can keep donations lower. We need to raise funds up front, because the Navy only reimburses for some of the events, and only after the fact. We also fund activities such as Cadet Ball and awards such as senior scholarships. These all rely on your support, so please, get your standard \$100.00 donation to the Booster Club ASAP. Online learning continues to be intense and stressful for many. Please keep an eye on each other and support each other. Now is the time to truly be good to one another and display peer leadership. I am proud of our Warrior Battalion! Now, I am late in hosting our end of year awards ceremony...but this gives our new Cadets and families a chance to participate. Please plan on joining me via Zoom on Thursday September 24th at 1800 (6:00pm) for a virtual ceremony. Run an HDMI cable from your Chromebook to your tv to make it a family theater event!

## Team Schedules

- Saturday 9/19:** Drill - ACX \*virtual by Zoom  
Drill - PT (1515-1630) \*virtual by Discord
- Sunday 9/20:**
- Monday 9/21:** Drill - Unarmed (1530-1730)  
Drill - Armed (1530-1730)  
Cyber (1700-1900) \*virtual by Zoom
- Tuesday 9/22:** Drill - PT (1515-1630) \*virtual by Discord  
Cyber (1700-1900) \*virtual by Zoom  
Orienteering (1600-1630) \*virtual by Zoom
- Wednesday 9/23:** Drill - Unarmed (1530-1730)  
Drill - Armed (1530-1730)  
Cyber (1700-1900) \*virtual by Zoom

**Thursday 9/24:** Drill - PT (1515-1630) \*virtual by Discord

**Friday 9/25:** Drill - PT (1515-1630) \*virtual by Discord

**Saturday 9/26:** Drill - PT (1515-1630) \*virtual by Discord

**Sunday 9/27:**

**Monday 9/28:** Drill - Unarmed (1530-1730)  
Drill - Armed (1530-1730)  
Cyber (1700-1900) \*virtual by Zoom

**Tuesday 9/29:** Drill - PT (1515-1630) \*virtual by Discord  
Cyber (1700-1900) \*virtual by Zoom  
Orienteering (1600-1630) \*virtual by Zoom

**Wednesday 9/30:** Drill - Unarmed (1530-1730)  
Drill - Armed (1530-1730)  
Cyber (1700-1900) \*virtual by Zoom

**Thursday 10/1:** Drill - PT (1515-1630) \*virtual by Discord

**Friday 10/2:** Drill - Unarmed (1530-1730)  
Drill - Armed (1530-1630)

*\*\*Note that practice schedules are subject to change after the release of the issue by the respective team commander. Stay alert for these changes from your respective team page. Thank you!*

**What Makes Troy NJROTC  
the Best in Area 11?**

click here: <https://tinyurl.com/y2n9ewam>